

CWRIA – Stage 1: Screening

The Organisation

- **basketballscotland** – The national governing body for the sport of basketball in Scotland.

Name of Programme

- CashBack School of Basketball

Overall Aims and Values of **basketballscotland**

Over the past decade we have seen consistent growth in the number of people active within basketball in Scotland, demonstrated by club membership increasing from around 2,500 in 2009 to over 12,000 in 2019. We believe that the quality of experience the sport provides is critical to driving growth, retention and improvement in the sport. We believe the sport can have a wider impact by providing opportunities for individuals to have a positive experience through enjoyment, improvement, developing skills for life and a positive impact on wellbeing.

Our values:

- Taking responsibility: we are accountable for our actions
- Bring Brave: we do the right thing, even when it is difficult
- Working as a team: we work together positively for the sport
- Always improving: we challenge ourselves and each other to continually improve

CWRIA – Screening

Programme and Aims

Aligned to improving opportunity in areas of deprivation, we have adopted an innovative, targeted and bilateral approach to working with young people in the East End of Glasgow. Basketball coaches and youth workers work extensively with a 'Core Group' of young people, whilst also engaging a 'Wider Group'. The basketball coaches help young people be active and learn life skills through sport and the youth workers support each young person off the court to overcome life's challenges.

This focused approach is designed to maximise impact. 48 young people from Lochend High School, St Andrews High School and St Mungo's Academy form the 'Core Group'. In addition, there is a 'Wider Group' who receive on court support. This includes extracurricular sessions during lunchbreak or after school, and fun and exciting sessions to feeder primary schools. The purpose? To ensure if young people join the Core Group, they enter a safe environment where they can flourish due to their love for the sport and the positive and trusting relationships with our staff.

For our Core Group, we utilise basketball to engage them in activity to improve physical and mental wellbeing and to develop impactful relationships. During and away from the basketball sessions, our

dedicated youth workers support each young person to overcome any challenges they face in life.

What Aspects Effect Those Under 18

- Our 'core group', where our youth worker works to overcome issues to each young person will affect those under the age of 18.
- Our 'wider group' that delivers basketball to the wider community will also affect those under 18. In primary schools, our programme will deliver to those aged 12 and above which is our minimum deliver age.

Likely Impact

- Below details our outcomes and indicators for the programme:

Outcome	Indicator
1. Young people build their confidence and resilience, benefit from strengthened support networks and reduce risk taking behaviour	<ul style="list-style-type: none"> • Young people report their confidence increasing • Young people feel able to do new things • Young people feel more resilient • Young people report positive, supportive networks • Young people report positive changes in their behaviour
2. Young people develop their physical and personal skills	<ul style="list-style-type: none"> • Young people report that their skills are increasing • Young people improve their basketball skills
3. Young people's health and wellbeing improves	<ul style="list-style-type: none"> • Young people report increases in feelings against SHANARRI indicators
4. Young people participate in activity which improves their learning, employability, and employment options	<ul style="list-style-type: none"> • Young people report improved attendance • Young people report improved attainment • Young people participant in volunteering
5. Young people contribute positively to their communities	<ul style="list-style-type: none"> • Young people feel their contribution, links with communities and social interactions are improving • Participants have a heightened sense of belonging to a community • Participants have increased motivation to positively influence what happens in their community
6. Young people are diverted from criminal behaviour or involvement with the criminal justice system	<ul style="list-style-type: none"> • Young people report that their own participation in antisocial and/or criminal behaviour has reduced • Young people feel less inclined to participate in anti-social and/or criminal behaviour

Demographic of Group

- Our programme is focused on the East End of Glasgow, in and surrounding the High Schools or St Mungo's Academy, Lochend Community High School and St Andrews High School
- 80% of our participants live in postcodes from SIMD deciles 1 or 2
- The young people in our programme have been referred through the school as they may be involved in anti-social behaviour or are displaying behaviours that may lead them down this path

Conclusion of Screening

Following the screening of our CashBack for Communities School of Basketball programme, we have identified that a Child Rights and Wellbeing Impact Assessment is required as our programme delivery is centred around those under the age of 18 who are from a deprived community.