

#ChangingTheGame

Number	Date	Time	Duration Baskets	Number of Players	Materials				7] E		
			General Goals in the sess	sion					<u> </u>		
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No. M	Min Exercise .eft		Goals Coaches								
1											
2										7	
3											
4											
5										7	
6											<u> </u>
7											
8											7
9										 	
10											
			Concluding reflection	S						7	<i>J</i> /
Weekly goals Next session											
Attack Defence		Weekly goals Defence	Dynamics				Next sess	ion		7	7
						<u> </u>			╜│		