|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Number | Date   |  |  |  |  | | --- | --- | --- | --- | |  |  |  |  | | Time   |  |  | | --- | --- | |  |  | | Duration | Baskets | Number of Players | Materials   |  |  | | --- | --- | |  |  | |  |  | |  |  | |
| |  | | --- | | **General Goals in the session** | |  | | | | | | | |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | No. | Min | |  | Left | | **Exercise** | **Goals** | **Coaches** | | |  |  | | --- | --- | | **1** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **2** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **3** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **4** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **5** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **6** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **7** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **8** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **9** |  | |  |  | |  |  |  | | |  |  | | --- | --- | | **10** |  | |  |  | |  |  |  | | **Concluding reflections** | | | | |  | | | | | | | | | | |
| |  |  |  |  | | --- | --- | --- | --- | | Weekly goals | | | Next session | | **Attack** | **Defence** | **Dynamics** |  | | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  | | --- | --- | --- | --- | |  |  |  |  | |  |  |  |  | |  |  |  |  | |  |  |  |  | |  |  |  |  |   Players |

