



Scottish Schools Cup 2024-2025

Rules and Regulations

Finals Qualification Criteria and Format

There will be a change to the format this year – teams will continue to compete in their regions (North, East, Central and West) at all age groups (S1, U15 and Open). The format then continues as follows:

- A regional final will take place no later than the **26th of January**.
- A quarter final will then take place between the winner of the region vs the runner up of another region. This will be drawn at random. These fixtures will take place at the top seed's venue by **9th of February**.
- A Semi final will then be drawn at random and played by **23rd of February**.
- The finalist will be invited to a one-day Scottish Schools Cup Final event at the beginning of March.

Eligibility

1. Only schools that have Affiliated to **basketballscotland** will be eligible to compete.
2. All players must be on the competing schools roll, on a full-time basis as a pupil.
3. All players must be registered with **basketballscotland** prior to participation in competition.
 - a. Registration is currently free for schools' players.
 - b. School registration cover players to compete in the Schools Competition only. Any player competing for a Club team must be registered with the club as detailed out in the **basketballscotland** rules and Regulations.

basketballscotland will be responsible for:

1. The organisation of a National School Cup Finals event for all competitions.
2. **basketballscotland** and the Officials Commission will appoint officials for The National Schools Cup Finals.
3. Presenting the Trophy specific to the various School Age Groups to the winners of each of the National Schools Cup Finals.
4. Presenting Medals to the winners and runners up of each National Schools Cup.

The Dress Code for All School Cup Matches:

1. Teams must wear matching uniform. Uniforms must consist of Vest and shorts.
2. Uniform numbers which are permitted are as follows: 0 or 00 and 1-99 inclusive.
3. Tracksuit Bottoms may only be worn with express permission from **basketballscotland**. Permission will only be granted when a request is made in writing on the grounds of either medical requirements or religious beliefs.
4. If permission is granted for a non-regulation piece of clothing to be worn it must be the same dominant colour as the playing kit.

S1 Competitions

All players must be on the school roll, on a full-time basis as a pupil with the competing school. Pupils can only play in the S1 Competition in their first year at High School. There is no date of birth guidance if the pupil is in First Year at High School; pupils that are held back at the end of 1st year are not eligible to compete.

All matches shall be played following the under 16 National League Rules, with the following exceptions:

1. All teams must have a minimum of 10 players and a maximum of 12 -there should be a 5 points deduction per player under 10 players for the S1 competition.
2. Duration - 4 Quarters of 8 minutes each.
 - a. 1st Quarter - 5 players play the first 4 minutes of the game, the game will then be stopped and the 5 replacements will then play the remaining 4 minutes of the 1st Quarter.
 - b. 2nd Quarter - 5 players that started the first Quarter will play the first 4 minutes, the game will then be stopped, and the 5 replacements will then play the remaining 4 minutes of the 2nd Quarter.
 - c. 3rd & 4th Quarter - the remaining quarters will then be played with normal basketball rules.
2. Ball Size - Boy's size 6 and Girls size 6.
3. Free Throws - Normal free throw line.
4. All teams must play man-to-man defence. NO ZONE DEFENCE (either half or full court) is permitted.
5. If a team is more than 20 points in front, they will not be permitted to press.
6. If a team is more than 20 points in front, then the possession arrow will remain in favour of the losing team.
7. If a team is 30 points in front, then the recommendation is that any national league and national squad players are rotated to the bench, player numbers permitting.

U15 Competitions

All players must be on the school roll, on a full-time basis as a pupil with the competing school and be under 15 years of age prior to the 1st January of the current school term

All matches shall be played under 16 National League Rules with the following exceptions:

1. All teams must have a minimum of 10 players and a maximum of 12 - of these players, 8 should be players who are playing in this competition and not competing in S1 games.
2. Duration - 4 quarters of 10 minutes each.
3. Ball Size - Boys Size 7 and Girls Size 6.
4. All teams must play man-to-man defence. NO ZONE DEFENCE (either half or full court) is permitted.
5. If a team is more than 20 points in front, they will not be permitted to press.
6. If a team is more than 20 points in front, then the possession arrow will remain in favour of the losing team.
7. If a team is 30 points in front, then the recommendation is that any national league and national squad players are rotated to the bench, player numbers permitting.

Open Age Competitions

All players must be on the school roll, on a full-time basis as a pupil with the competing school.

All matches shall be played under 18 National League Rules.

1. All teams must have a minimum of 10 players and a maximum of 12 – of these players, 8 should be players who are playing in this competition and not competing in S1 or U15 games.
2. Duration - 4 quarters of 10 minutes each.
3. Ball Size - Boys Size 7 and Girls Size 6.
4. If a team is 30 points in front, then the recommendation is that any national league and national squad players are rotated to the bench, player numbers permitting.

Code Of Conduct

This code of conduct has been designed to assist in retaining the integrity, fair play and enjoyable aspects of basketball.

General Code of Conduct

As a member of **basketballscotland**, a member association or an affiliated club or a person required to comply with the rules set down by **basketballscotland** you must meet the following requirements in regard to your conduct during any activity held or sanctioned by **basketballscotland** a member association or an affiliated club and in any role you hold within **basketballscotland**, a member association or an affiliated club:

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealing with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.

5. Be aware of, and maintain an uncompromising adherence to, **basketballscotland** standards, rules, regulations and policies.
6. Operate within the rules of the sport including national and international guidelines which govern **basketballscotland** the member associations and the affiliated clubs.
7. Do not use your involvement with **basketballscotland**, a member association or an affiliated club to promote your own beliefs, behaviours or practices where these are inconsistent with those of **basketballscotland**, a member association or an affiliated club.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring basketball and **basketballscotland**, a member association or an affiliated club into disrepute.
12. Provide a safe environment for the conduct of all activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.

Specific Additional Codes of Conduct

In addition to **basketballscotland**'s general code of conduct you must meet the following requirements in regard to your conduct during any activity, held by or under the auspices of **basketballscotland**, a member association or an affiliated club, in your role as an administrator, a coach, an official, a player, a parent/guardian or a spectator.

1. Administrator
 - a. Resolve conflicts fairly and promptly through established procedures.
 - b. Maintain strict impartiality.
 - c. Be aware of your legal responsibilities.
2. Officials
 - a. Place the safety and welfare of the players/participants above all else.
 - b. Accept responsibility for all actions taken.
 - c. Be impartial.
 - d. Avoid any situation which may lead to a conflict of interest.
 - e. Be courteous, respectful and open to discussion and interaction.
 - f. Value the individual in sport.
3. Coach
 - a. Do not tolerate acts of aggression.
 - b. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
 - c. Recognise players' rights to consult with other coaches and advisers. Co-operate fully with other specialists (for example, sports scientists, doctors and physiotherapists).

- d. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
- e. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
- f. Involve the players in decisions that affect them.
- g. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- h. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the players.
- i. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
- j. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
- k. Avoid situations with your players that could be construed as compromising.
- l. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
- m. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
- n. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
- o. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
- p. Be honest and ensure that qualifications are not misrepresented.

4. Player

- a. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- b. Do not tolerate acts of aggression.
- c. Respect the talent, potential and development of fellow players and competitors.
- d. Care for and respect the equipment provided to you as part of your program.
- e. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
- f. At all times avoid intimate relationships with your coach.
- g. Conduct yourself in a professional manner relating to language, temper and punctuality.
- h. Maintain high personal behaviour standards at all times.
- i. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
- j. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- k. Co-operate with coaches and staff in development of programs to adequately prepare you for competition at the highest level.

5. Parent and Guardian

- a. Respect the rights, dignity and worth of others.
- b. Remember that your child participates in sport for their own enjoyment, not yours.
- c. Focus on your child's efforts and performance rather than winning or losing.
- d. Never ridicule or yell at your child and other children for making a mistake or losing a competition.
- e. Show appreciation for good performance and skilful plays by all players (including opposing players).
- f. Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons under 18 years of age, as your words and actions are an example.
- g. Respect officials' decisions and teach children to do likewise.
- h. Do not physically or verbally abuse or harass anyone associated with the sport (player, coach, umpire and so on).
- i. Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- j. Be a positive role model.
- k. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.

6. Spectators

- a. Respect the decisions of officials and teach young people to do the same.
- b. Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- c. Condemn the use of violence in any form, whether it is by other spectators, coaches, officials or players.
- d. Show respect for your team's opponents. Without them there would be no game.
- e. Do not use violence, harassment or abuse in any form (that is, do not use foul language, sledge or harass players, coaches, officials or other spectators).
- f. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

Breach of Code of Conduct

A breach of this code of conduct may result in a complaint being brought against you by **basketballscotland**, a member association or an affiliated club or person. In such instances the complaint will be dealt with in accordance with the **basketballscotland** complaints and dispute resolution process.